

REGION 4A GIRLS CROSS COUNTRY CHAMPIONSHIP
at Montgomery Golf Course Montgomery, MN 10/26/89

1. Farmington	61	(4,9,15,16,17-32)
2. Mahtomedi	80	(8,10,14,22,26-34,39)
3. Convent of Visitation	88	(1,7,18,25,37-42,55) ~
4. Montgomery-Lonsdale	109	(11,20,23,24,31-47,53)
5. Mankato Loyola	113	(2,6,14,43,50-55)
6. St. Peter	157	(13,30,33,36,45-)
7. Lester Prairie	158	(3,27,38,44,46-)
8. Glencoe	162	(5,19,35,48,54-)
9. Norwood Young America	180	(21,29,40,41,49-51)
10. Mounds Park Academy	Inc.	
11. Winsted Holy Trinity	Inc.	
12. Shattuck/St.Mary's	Inc.	

1. Teresa Lamey, ConVis(11)	12:23
2. Barbara Jones, MPark(7)	12:36
3. Jennifer Sherman, WinHT(8)	12:44
4. Kelly Houland, MLoy(10)	12:53
5. Kara Monroe, LesP(12)	13:00
6. Jenny Ryan, Farm(9)	13:15
7. Ilsa Lemke, Glen(12)	13:20
8. Sara Voss, MLoy(11)	13:21
9. Theresa Thom, ConVis(7)	13:25
10. Val Becker, Maht(12)	13:26
11. Ann Stegmaier, Farm(10)	13:29
12. Beth Johnson, Maht(8)	13:36
13. Jill Vargo, Mont-Lon(7)	13:37
14. Jane Pallo, MLoy(10)	13:38
15. Abby Loschieder, St.P(9)	13:39
16. Amy Quick, Maht(9)	13:39
17. Maria Kontenakis, Farm(7)	13:42
18. Karen Flaherty, Farm(11)	13:43
19. Jessica Rethwisck, Farm(7)	13:43
20. Allison Little, ConVis(8)	13:45
21. Shuna Kruschke, Glen(9)	13:48
22. Sue Prchal, Mont-Lon(8)	13:49
23. Carley Miller, Norw(12)	13:50
24. Tara Brandt, Maht(7)	13:54
25. Kris Simon, Mont-Lon(12)	13:55
26. Amy Ziskovsky, Mont-Lon(11)	13:57
27. Michelle Searles, ConVis(11)	13:59
28. Chryssy Mathews, Maht(11)	14:03
29. Jackie Lucus, LesP(11)	14:06
30. Sandra Roberts, Farm(8)	14:07
31. Jenny Smith, Norw(8)	14:11
32. Sara Hunt, St.P(10)	14:13
33. Melanie Ziskovsky, Mont-Lon(7)	14:16
34. Stephanie Thurmes, Farm(8)	14:22
35. Rachel Witty, St.P(12)	14:33
36. Deb Loeffler, Maht(11)	14:34
37. Katherine Nelson, Glen(10)	14:35
38. Heather Burg, St.P(10)	14:44
39. Sheila Elred, ConVis(10)	14:48
40. Chris Ide, LesP(8)	14:50